




ARIHIV EXIM.

EXPORTS

# ARIHIV EXIM

Global Reach, Local Expertise

 This Information is highly Confidential





# WHAT ARE THE BENEFITS OF CONSUMING HONEY?



Honey is one of the best things that you can consume. Psychological stability, physical well-being, vitality - all these things can be greatly enhanced simply consuming daily honey. Honey is the only substance found on the planet whose chemical composition is very close to that of human blood.





We change a few things, it's almost like blood. Daily consumption of honey can do a lot for your health. Especially people who have excess mucus problems. It's very good for your heart, it's good for your brains, it keeps your mind alert, and it's highly energetic. So daily consumption of honey can do a lot.

Especially if you have growing children, they must consume honey on a daily basis. It'll do a lot for the development of their intelligence and everything. Even the Ashgourd. Ashgourd and honey together will make a wonderful diet for children in terms of enhancing their intellectual capabilities.





# If you cook honey, it'll become poisonous

If you cook honey, it'll become poisonous. Honey should not be cooked. We know people are baking it, cooking it in cakes and other things. It's not a good thing to do. Certain part of the honey turns poisonous if you cook it.

You should put it in warm water, not in boiling hot water.

It's important to purchase Honey that is not filtered by heating process as it will change the very basic properties and chemical structure of Honey.





# Weight Management

If you put honey in hot water, it sets off a certain kind of enzymes, behave in a certain way in the honey, that it tends to take away weight from the body.

To take away weight from the body. If you put it in cold water, it behaves in a different way. And, accordingly, it adds weight to the body. It is not that a few spoons of honey that you're taking is putting weight to your body. It is just that it sets off a certain reaction in your system, that your absorption rate is such that you tend to gain weight.





If you want to integrate the system just for health. Somebody is feeling, what, anaemic anemia means, on one level, the blood has lost its iron. That means you lost your steel. Okay? You lost the strength in the body, you'll feel exhausted. Simply exhausted for nothing. Because once the necessary iron is not there, your ability to carry oxygen through the body is less.

That means, your body, your heart, your brain, everything will be on a lower level of function, because you don't have enough oxygen. So, to take care of this, one of the simple things is, you consume a little bit of honey in warm water, on a daily basis. And, you will see, slowly the RBC content will go up.





# Certifications









# Our Packaging



# Our Packaging



5 and 10 kg



30 kg



50 kg



300 kg





# Our Products



## **Infused Natural Honey**

<b>S. No.</b>	<b>Honey Type</b>
1.	Cinnamon Honey
2.	Lemon Honey
3.	Ginger Honey
4.	Vanilla Honey
5.	Ashwagandha Honey
6.	Coffee Honey
7.	Amla Honey
8.	Moringa Honey
9.	Chocolate Honey



## Natural Honey

### Sl. No.

### Honey variety

1. Wild Forest Honey (Apis Dorsetta)
2. Black Forest Honey (Apis Dorsetta)
3. Himalayan Multi-flora Honey
4. Sidr/ Berry/ Jujube Honey
5. Litchi Honey
6. Jamun/ Wild Berry Honey
7. Tulsi Honey
8. Shisham/Rosewood Honey
9. Eucalyptus/Safeda Honey
10. Ajwain/ Carom seeds Honey
11. Sunflower Honey
12. Mustard/ White / Creamy Honey
13. Barseem Honey / Clover Honey
14. Rajasthan Acacia/Kikar/ Babool Honey

### Sl. No.

### Honey variety

15. Kashmiri Acacia/ Keekar Honey
16. Saunf/ Aniseeds Honey
17. Coriander/ Dhaniya Honey
18. Red Honey
19. Karanj Honey
20. Brankut Honey (Aravalli Hills, Rajasthan) Rare Honey - Limited Stock (First time in India)
21. Sundarvan Forest or Mangrove Honey





## OUR PRODUCTS

# 01.

## AJAIWAN HONEY







## OUR PRODUCTS

### AJAIWAN HONEY

The Honey is harvested with the greatest respect for the bees and their environment. The source is Ajwain Flower from the farms of Akola and Chittorgarh. The taste is mild and sweet, color is a strong golden, thick liquid. Ajwain honey is 100% pure, lab-tested honey. We procure it directly from the source with no middlemen.

#### Health Benefits of Ajwain Honey.

Ajwain honey is good for children as it gives relief from colic, gastric troubles, and stomach aches. Ajwain honey also helps in weight loss. The antibacterial property of Ajwain honey works wonders for wounds and burns when applied externally and it helps stop bleeding as well. Adding a spoon of Ajwain honey to your food every day will protect you from seasonal diseases and keeps you fit, healthy and young. So, start your healthy immunity-boosting journey now with us.





**OUR PRODUCTS**

# 02.

**KASHMIR WHITE HONEY**







## OUR PRODUCTS

### KASHMIR WHITE HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Our organic White Honey originates from wild beehives in wildflower fields, located in the Jammu, and Kashmir regions of the Himalayan Mountains in India. We harvest our honey from naturally occurring, wild beehives, allowing the free-range bees to pollinate foliage far from chemicals and additives

#### **Health Benefits of Kashmir White Honey.**

Improve Digestion, Lessen Muscle Fatigue, Boost Energy, Lose Weight, Regulate Blood Sugar, Suppress Coughs, Heal Cuts, Heal Burns, Improve Skin, Alleviate Insomnia, Boosts Brain Function, Protects Against Heart Disease





## OUR PRODUCTS

# 03.

## ROSEWOOD HONEY







## OUR PRODUCTS

### ROSEWOOD HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Sourced from the deep deciduous forest of Northern India's Himalayan foothills this honey is beneficial for toothaches and gum-related problems and it has many health benefits. Especially recommended for women with menstrual problems, the Sheesham Honey is also good for digestion and stomach aches. This honey is also known to lower blood pressure and regulate blood circulation.

#### **Health Benefits of Rosewood/Sheesham Honey.**

Sheesham Honey is used for toothache and gum problems, it's especially beneficial for women who have menstrual problems. It's also good digestion and stomach ache, Sheesham Honey helps in blood pressure and improves blood circulation.





## OUR PRODUCTS

# 04.

## NEEM HONEY







## OUR PRODUCTS

### NEEM HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Procured from the dense regions of Ajanta and Mathura, Neem honey has an esteemed place.

#### **Health Benefits of Neem Honey.**

Neem Honey treats blood pressure, diabetes, skin conditions, allergies, chronic sores, indolent ulcers, throat infections, etc. It also promotes digestive health. Along with these, it's a powerful antioxidant, balances sugar levels, calms the nerves, and strengthens the immune system. Neem honey is antibacterial, antiviral, and antifungal. It is extremely useful to treat respiratory problems like asthma and bronchitis.





## OUR PRODUCTS

# 05.

## HIMALAYAN HONEY







## OUR PRODUCTS

### HIMALAYAN HONEY

The Honey is harvested with the greatest respect for the bees and their environment. sourced from the dense untouched forest of the Himalayas. 100% Natural Himala-yan Forest.

#### **Health Benefits of Himalayan Honey.**

Himalayan Honey is an amazing source of antioxidants, vitamins, nutrients, and enzymes. According to Ayurveda, honey from the forests is considered to have the maxi- mum healing properties.

According to modern researchers, dark honey from forests contains the maximum antioxidants in it. Wild Honey from Honey & Spice fits both of these descriptions and is a definite healing superfood.





## OUR PRODUCTS

# 06.

## EUCALYPTUS HONEY







## OUR PRODUCTS

### EUCALYPTUS HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Sourced from the Nilgiri mountains of Tamil Nadu our Eucalyptus honey contains much more vitamin C and vitamin B9 than other mono-floral kinds of honey. Eucalyptus honey is often used with great effectiveness to treat coughs and colds as well as upper respiratory infections; some studies have shown it to be more effective than cough syrups for sore throats, the menthol-like properties of eucalyptus make it an excellent decongestant, and it has strong expectorant power to clear mucus.

#### **Health Benefits of Eucalyptus Honey.**

Eucalyptus Honey prevents urinary issues and increases immunity, Anti-inflammatory: products derived from the eucalyptus plant, including its honey, incorporate the eucalyptol compound, a potent anti-inflammatory that enhances honey's healing properties. Reduces risk factors linked to heart disease. Improves sleep.





## OUR PRODUCTS

# 07.

## BERRY/SIDR HONEY







## OUR PRODUCTS

### BERRY/SIDR HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Procured from the regions of Jaisalmer and Akola Berry honey, also known as Sidr/Sid-er Honey is one of the premium varieties of honey due to its exceptional medicinal properties.

#### **Benefits of Berry/Sidr Honey.**

Sidr honey has a unique property to selectively target bad bacteria in the gut and respiratory system. It contains the highest level of anti-oxidants over other honey varieties, thus protecting our body from the risk of cancerous tumors. It's a blessing for women to quick recovery post, childbirth. Regular consumption regulates menstrual cycles. It also relieves constipation problems. Cures stomach ulcers and strengthens the immune system. It cures certain types of skin diseases and revives and refreshes the body.





**OUR PRODUCTS**

# 08.

**WILD FOREST HONEY**







## OUR PRODUCTS

### WILD FOREST HONEY

The Honey is harvested with the greatest respect for the bees and their environment. The honey is sourced from the deep forests of India. The honey is made by the wild bees from the nectar of medicinal flowers and far away from civilization is free of adulteration & pollution.

#### **Benefits of Organic Wild Forest Honey**

Wild Forest Honey helps lower your risk of heart disease, enhances your immune system, Helps treat respiratory diseases, helps in preventing acid reflux, helps in fighting infections, Honey helps beautify Skin and Hair.





## OUR PRODUCTS

# 09.

## ACACIA HONEY







## OUR PRODUCTS

### ACACIA HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Sourced from the regions of Kashmir and Rajasthan. This variety of Honey is collected by the bees from beautiful white flowers of Acacia in India. It has a mild sweet floral flavor and is considered to be one of the best-tasting honey in the world.

#### **Benefits of Acacia Honey.**

Acacia Honey has been shown to lower blood pressure and increase hemoglobin levels. It's also a strong antiseptic, useful for both external and internal use to heal body sores, reverse skin problems like acne and eczema, and even treat eye issues like conjunctivitis and corneal abrasions. And like most varieties of honey, it's an anti-inflammatory, making it a good treatment for sore throats, coughs, and respiratory system issues.





**OUR PRODUCTS**

# 10.

**KASHMIR MULTIFLORA  
HONEY**







## OUR PRODUCTS

### KASHMIR MULTIFLORA HONEY

The Honey is harvested with the greatest respect for the bees and their environment. sourced directly from the Himalayas regions of Kashmir Naturals Kashmir Multiflora Honey is one of the rarest honeyvarieties also known as Honey Dew, and is derived from various flowers.

#### Benefits of Kashmir Multiflora Honey.

Kashmir Multiflora Honey helps to relieve respiratory issues like cough, cold, sore throat, bronchitis, asthma nasal congestion & chest congestion. It is a good source of natural probiotics, enzymes, antioxidants, vitamins, minerals, and nutrients that support a healthy digestive system, strength- en the immune system, and relieve nutrient deficiency thus helping to overcome exhaustion, stress, and weakness. It has antifungal, antibacterial, antiseptic, and natural blood-purifying properties that help to prevent acne, pimples & dandruff and heal wounds, ulcers, burns, insect bites, and stings. It helps to soothe and nourish the skin and its natural antioxidant properties slow down the aging effects. Multiflora honey also acts as a natural sedative agent that helps to improve sleep and relieve stress & anxiety.





## OUR PRODUCTS

# 11.

## JAMUN HONEY







## OUR PRODUCTS

### JAMUN HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Procured from the hilly regions of Tulsipur and the ghats of Maharashtra. Bees make Honey, collecting nectars from different flowers. Similarly, when they make Honey using plenty of Jamun flower nectar. Jamun Honey is natural and genuine, harvested during its flowering season in India.

#### **Benefits of Jamun Honey.**

Jamun honey is a great remedy for people suffering from diabetes. It cures common diabetes symptoms like excessive thirst and urination. Jamun honey has anti-oxidants so it helps prevent premature aging and improves eyesight. It is anti-inflammatory thus, relieves cough, cold and sore throat. With its mild and sweet flavor, the Jamun Honey is often known to calm the mind and completely relax the body. Health benefits galore, this honey regulates heart problems and improves eyesight and body metabolism.





## OUR PRODUCTS

# 12.

## STINGLESS BEE HONEY







## OUR PRODUCTS

### STINGLESS BEE HONEY

The Honey is harvested with the greatest respect for the bees and their environment. Stingless bees are mostly seen throughout the parts of the world in the tropical parts. They reside in cavities of rock, trees, etc. Their colonies are made out of organic waste, propolis mixed with their wax and tree resin, etc. Their hives are very different from all the other large bees. They collect honey from the smallest and the deepest flowers and tree resin as their size allows them to do so.

#### **Benefits of Stingless Bee Honey**

Stingless bee honey or small bee honey (Cheruthen) plays an important role in reducing weight or reducing beer belly. Small honey reduces obesity if used daily with warm water. Also, small bee honey is twice nutritious as ordinary honey. Stingless bee honey is considered medicinal because it collects nectar and pollen from small wild-growing plants and trees, and it is difficult for bigger bees to get inside smaller flowers. Honey is one of the outstanding sources of energy due to its high sugar concentration and is also important for bones and teeth. It helps in the absorption of calcium and magnesium retention which may contribute to stronger bone and better dental calcification. Stingless Honey or Small Bee Honey is very good for newborn babies also.





## OUR PRODUCTS

# 13.

## ORGANIC HONEY







## OUR PRODUCTS

### ORGANIC HONEY

Organic Honey is 100% extracted in its most unadulterated form by setting up bee boxes in areas abundant with flowers. Organic honey is unpasteurized and without any added preservatives or chemicals. It is 100% pure natural honey directly harvested from the hive

#### **Health benefits of organic honey.**

Organic honey offers several potential health benefits when consumed in moderation. Here are some of the health benefits associated with organic honey. Organic honey, contains various antioxidants such as flavonoids and polyphenols. These compounds help protect your cells from oxidative stress and may reduce the risk of chronic diseases. Honey has been used for centuries as a natural remedy for wound healing and burns. Organic honey can be a soothing and natural remedy for coughs and sore throats. Organic honey contains small amounts of vitamins and minerals, including B vitamins, vitamin C, and minerals like iron and calcium.





**OUR Star PRODUCT**

# 14.

**FOREST HONEY**







## OUR Star PRODUCT

### FOREST HONEY (From Anthill)

Forest honey is produced by bees that forage on the nectar and pollen of various flowering plants in forested areas. The characteristics and flavor of forest honey can vary significantly depending on the specific plant species and environmental factors present in the region where it is produced.

#### Health benefits forest honey

It contains a variety of natural compounds that can positively impact your health. Forest honey, is rich in antioxidants as it will have absorbed the nutrients from the Anthill. These compounds help protect your cells from oxidative stress and can reduce the risk of chronic diseases. Honey has natural antibacterial and antimicrobial properties due to its low water content and the presence of hydrogen peroxide. Honey can be used topically on the skin to moisturize, nourish, and promote a healthy complexion. It is a common ingredient in natural skincare products.





## OUR PRODUCTS

# 15.

## NATURAL PURE HONEY







## OUR PRODUCTS

### NATURAL PURE HONEY

Arihiv Farm Natural Pure Honey is harvested with the greatest respect for the bees and their environment. The honey is 100% from Western Ghats and processed traditionally and personally. Natural Bee Honey is one of the healthiest substitutes for refined sugar with wholesome natural goodness. It's a rich source of energy and makes for a delectable, nutrient-rich snack. This delicious honey makes your meals tastier and healthier. You can add it to your preferred tea or coffee, use it to garnish your salads, and marinate meat with it for preparing rich cuisines.

#### **Health Benefits of Natural PURE Honey**

Natural Bee Honey might offer antidepressant, anticonvulsant and anti-anxiety benefits. In some studies, honey has been shown to help prevent memory disorders. wound care. topical use of medicinal-grade honey has been shown to promote wound healing, particularly in burns.





# OUR PRODUCTS

## HONEY SPOONS







## OUR PRODUCTS

### **Arihiv Farm presents "honey spoons".**

This product is one of a kind and the first one in India. Now available in flavours such as Multiflora Honey, Sidr Honey, Tulsi Honey, & Kashmir White Honey and many more. Honey Spoon is practical and easy to use product that contains honey. Honey is stored in a spoon shaped case.

Honey Spoon is a practical way to consume honey. Main advantage of this product is that you can carry it in your pocket or bag. When you want to consume or add honey to your tea while working, you can easily consume this amazing product that contains 15 gram of honey per spoon rather than searching for a jar of honey.





## OUR PRODUCTS

### How To Use Honey Spoons

Open the outer package of the spoon. Remove aluminium foil from spoon. And honey spoon is ready to eat. If you would like, you can add it to your coffee or tea, you can add it to your dessert or eat it directly. After using this product, you can toss the empty case as this product is designed for single use.





## OUR Imported PRODUCTS

**MANUKA HONEY**







## OUR Imported PRODUCTS

### MANUKA HONEY

#### Product of New Zealand

We also harvest "Manuka honey" made by bees foraging on the nectar of the flowering Manuka tree, which is native to, and growing naturally predominantly in New Zealand. Manuka honey has been termed a "superfood" for its overall health and wellness properties.

**U UMF TM**

**+5**

**+10**

**+15**

**+20**

**MGO®**

**MGO 83**

**MGO 263**

**MGO 514**

**MGO 829**





## OUR Imported PRODUCTS

### What is Manuka Honey?

Manuka honey is produced from the flowers of the manuka tree. This tree grows in New Zealand, the honey bee uses nectar and pollen from the small white flowers on the manuka tree, it can create Manuka honey. Manuka honey should be very thick and viscous.

### Benefits of Manuka Honey

The organic compound helps to fight against some types of particularly harmful and antibiotic-resistant bacteria. Studies have found that it may help to inhibit the growth of both E. coli and Staphylococcus aureus bacteria. This means that Manuka honey can be a great way to lower levels of harmful bacteria in a person's body.

Another reason that Manuka honey is so beneficial is that it contains naturally occurring amounts of hydrogen peroxide. Hydrogen peroxide is another disinfectant compound that degrades organic compounds. It is frequently used as a disinfectant and sterilization method for wound treatment.





## OUR Imported PRODUCTS

There are many different uses for Manuka honey since it has powerful anti-inflammatory, antibacterial, and healing effects. Depending on how it is taken, the honey can provide medicinal benefits, Manuka honey is great for keeping skin healthy because it is both moisturizing and antibacterial, Manuka honey can be an excellent part of a healthy diet. it can be used as a beauty aid. Some applications of Manuka honey use pure honey while others incorporate the honey into special recipes.

### Why Manuka Honey is Unique & More expensive than other Honey varieties?

- It contains properties not found in any other honey
- It supports digestion and immune health
- Our Premium Quality Manuka Honey Is Certified by the New Zealand Government. UMF.
- The Taste, Texture, and color are unlike regular honey
- There are many different factors which influence the price of Manuka Honey and some of those factors include its rarity, its unique properties, and how it's harvested and tested.
- The Manuka tree isn't abundant in New Zealand and generally grows at altitude, wild in high country farmland, making it difficult for beekeepers to access for packing. Helicopters are commonly used in the honey collecting process.



<b>Sr. No.</b>	<b>RAW NMR CERTIFIED HONEY</b>
1.	CERTIFIED ORGANIC WILD HONEY
2.	TULSI BLOSSOM HONEY
3.	AJWAIN BLOSSOM HONEY
4.	MUSTARD BLOSSOM HONEY
5.	LITCHI BLOSSOM HONEY
6.	CORIANDER BLOSSOM HONEY
7.	FENNEL BLOSSOM HONEY
8.	SESAME BLOSSOM HONEY
9.	JULIFLORA BLOSSOM HONEY
10.	EUCALYPTUS BLOSSOM HONEY
11.	JAMUN BLOSSOM HONEY
12.	SIDR BLOSSOM HONEY
13.	SUNFLOWER BLOSSOM HONEY
14.	ROSEWOOD BLOSSOM HONEY
15.	KARANJ BLOSSOM HONEY
16.	KHAIR BLOSSOM HONEY





Our local honey is 100% raw and unprocessed, which means it's unpasteurized honey at its best. Being unfiltered honey, you might find traces of beeswax and pollen, both rich in enzymes, vitamins, and antioxidants.

No bees are hurt, and the honey is extracted without processing, ensuring you get the most natural taste, smell, and consistency. The characteristics of our wild honey may vary, as they depend on the flowers the bees choose for nectar collection. This honey isn't just sweet; it's a tribute to nature's diversity.

Not only is our honey perfect for those seeking raw organic honey, but it's also for those who appreciate the farms' efforts where crops are grown organically. When bees collect nectar from these fields, the resulting honey is as organic and natural as it gets.





## **Taste.**

Our honey isn't just a simple product—it's the result of our dedicated beekeeping in the clean, untouched forests of Uttarakhand and Himachal Pradesh. In these forests, our bees collect nectar from many different flowers.

This mix of nectars from various flowers gives our wild honey a rich and strong flavor that changes a bit with each flower. Every spoonful of our honey offers a deep, natural taste, with gentle flavors from the variety of wildflowers found in these green areas. You get honey that's not only delicious but also special, carrying the true nature of the place it comes from.





### **Storage Instructions**

Store in a cool & dry place. It is natural for pure honey to crystallize. To return it to liquid state, simply place the jar under sunlight.

### **Instructions For Use**

Honey can be mixed with milk or warm water or used as a delightful topping.

### **Cautions**

Raw honey isn't for the children younger than one year. Honey contains naturally occurring sugars, not to be consumed by diabetic patients.

### **Allergen Information**

All raw honey contain pollens. Allergic reactions to raw honey have also been reported in rare individuals who are allergic to pollen. Packed in a facility that processes peanuts.

**Certified Organic by**  
RSOCA – JAIPUR



## Nutritional Information

25 Servings Per Container (Approximate Values) Serving size 1 Tbsp (21 g)

Amount per 100 g %RDA per serve\*

Energy	339 Kcal (3.5%)
Protein	0.38 g
Total Carbohydrate	84.2 g
Dietary Fiber	0.2 g
Total Sugars	84 g
Added Sugars	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 mg
Sodium	4.5 mg (0.04%)
Potassium	2.6 mg
Calcium	0.84 mg



Country of Origin: India

Ingredient: 100% Organic Wild Honey, (Blossom Honey - Multi Floral Honey)

Packed and Marketed by

#1694, 2nd cross (north), Anikethana Road, Kuvempunagara, Mysore, Karnataka, 5700 23

- India Customer Care: (+91) 63660 10812

Net Product Quantity: 450g, 500g, and 1000g

Shelf life : 18 months

Form: Liquid



## **FAQ**

### **What Does White Foam on Top of My Honey Mean?**

If you spot white foam atop your honey, it's a hallmark of raw honey's authenticity. This foam is comprised of air bubbles that indicate your honey was bottled without heat, keeping all its natural qualities intact. Within this foam, you'll find a concentration of honey's best elements: pollen, propolis, and beeswax.

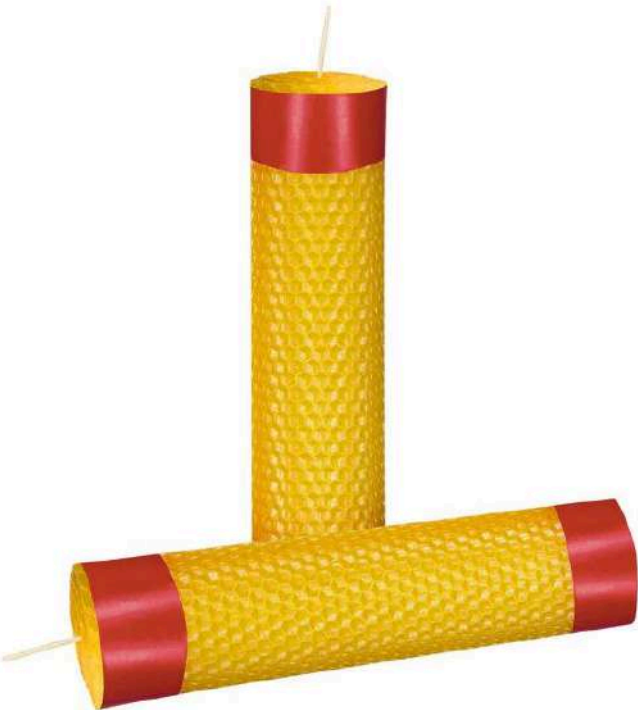
### **What Does It Mean When My Honey Crystallizes?**

Crystallisation, or the solidifying of honey, is another sign of its purity. When honey transforms from liquid to a more solid state, it's not spoiled; rather, it's the natural sugars arranging themselves in a way that shows the honey is unadulterated. And if ever you prefer it liquid again, simply warming the jar in water will return it to its smooth form, all while maintaining its pure taste and benefits.



# Other Products:

## Beeswax Candle





## Product specification

We think that honey is the most valuable thing we get from bees, but there are many more precious things bees are giving us and beeswax is one among them. You know!! Bees require 8 kg of honey to produce just 1 kg beeswax. So we can consider that the beeswax is eight times more precious than honey. Beeswax is widely used for many purposes and the making of candles is one among them. Beeswax is used for a long back for making candles as this is far better than paraffin candles. A beeswax candle is 100% natural as the wax used for this is naturally made by little buzzing bees which come straight from nature.

Beeswax candle is a good alternative of the paraffin candles. Paraffin candles has a lot of toxins which is when inhaled may have unfavorable effects like vomiting, headache, nausea, and even lung cancer. Many of us are not aware of these side effects of paraffin candles. In place of this, natural beeswax candle is a good choice.

Beeswax candles emit negative ions which purifies the air. Because of the air-purifying property of beeswax candles, it is very useful for those who have allergies and suffering from asthma.

longer than other paraffin candles. If you keep this candle in a plate or bowl and then light it, it will lasts for 24 hours. It has natural fragrance of honey and nectar of flowers.



## **Pure Natural Organic Bee Pollen sourced from beehive 230 g**

### **Product specification**

- Pure bee pollen is sourced from beehives.
- Natural bee pollen is collected by the cruelty-free method of beekeeping.
- We often migrate our beehives to a different source of flowers for extraction of honey so we find different organic pollen as a by-product.
- Use full for the treatment of bone disease. A full pack of vitamins, protein, and enzymes.

Country of Origin: India

Ingredient: 100% Organic Bee Pollen

Net Product Quantity: 230 g



### **Storage Instructions**

Store in a cool, dry place. Refrigerate after opening. Ensure the jar is tightly sealed to prevent it from moisture.

### **Instructions For Use**

Enjoy 1-2 teaspoons of bee pollen daily for optimal benefits. This versatile super food can very easily be mixed into your yogurt, blended into smoothies, or sprinkled over salads.

### **Allergen Information**

Some people do have some allergic reaction to bee pollen, first use very small amount of it when getting. started with it. Begin with few grains at a time and then increase it gradually to maximum of one teaspoon per day.



## Nutrition

Energy	393 Kcal (0.5%)
Protein	23.54 g
Total Carbohydrate	60.31 g
Dietary Fiber	12.79 g
Total Sugars	24.88 g
Added Sugars	0 (0%)
Total Fat	6.48 g (0.29%)
Saturated Fat	2.67 g (0.36%)
Trans Fat	0g
Cholesterol	0g
Sodium	7.4 mg (0.01%)
Potassium	70.99 mg
Calcium	25.65 mg





Visit our Website

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ARIHIV EXIM.

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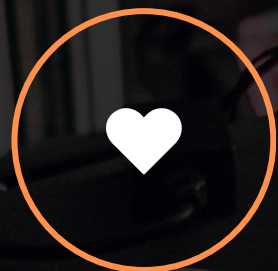
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